Multicultural Midlife & Seniors Cultural Showcase



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LEADING LIGHT 多元文慈会
LEADING LIGHT MULTICULTURAL ASSOCIATION INC

NSW GOVERNMENT
Multicultural NSW

悉尼中老年
多元文化节

MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

多元文化 风华人物

MULTICULTRAL Grace Remarkable PEOPLE

你绽放光芒，我讲出故事

You Shine, I tell your Story.



多元文化 风华人物
MULTICULTRAL Grace Remarkable PEOPLE

你绽放光芒，我讲出故事
You Shine, I tell your Story.



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This publication documents the Sydney Multicultural Midlife & Seniors Cultural Showcase held on 6 June 2026.
The event was organised by Leading Light Multicultural Association Inc and supported by the NSW Government through Multicultural NSW.



OPENING REFLECTION

Every culture carries a story.
Every story carries a life.
And every life, when shared, becomes a light for others.
This Showcase was created to honour those lights.

卷首语

岁月有声传四海，风华无界聚群贤。
人生故事皆星火，共照多元万里天。



悉尼中老年
多元文化节
MULTICULTURAL
MIDLIFE SENIORS
CULTURAL SHOWCASE

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Organising Committee Member

组委会主席、现场总指挥：施明星

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组委会执行主席、现场副总指挥：令见

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组委会联盟主席、现场总协调：杨志唯

Chair of the Organizing Committee Alliance、On-site General Coordinator: Zhi Wei Yang

总导演：郑丽莉

Chief Director: Lily Zheng

组委会秘书长：陈莉萍

Secretary-General of the Organizing Committee: Liping Chen

武术总监：王云阔

Martial Arts Director: Yunkuo Wang

组委会宣传总监：晏立强

Publicity Director of the Organizing Committee: David Yan

Prologue:
A Gathering of Stories

Some say the most beautiful moments in life are not found at the destination, but in the encounters along the way. On 6 June 2026, the Sydney Multicultural Midlife & Seniors Cultural Showcase was proudly presented by LEADING LIGHT Multicultural Association and supported through the NSW Government's Multicultural NSW Stronger Together Festival and Event Program.

Made possible through the collective support of community organisations, cultural groups, volunteers, and friends from across multicultural Sydney, the Showcase reflected the power of community working together.

With nearly 300 guests filling the venue, the event became a vibrant celebration of culture, storytelling, and belonging.

People from Turkish, South American, Chinese, Australian, and many other cultural backgrounds gathered under one shared theme: Grace in Diversity, Stories in Bloom.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

序幕 相聚

Prologue: Reunion

有人说，人生最美的风景，不是抵达，而是相遇。
2026年6月6日，由 LEADING LIGHT 多元文慈会主办，并获得新南威尔士州政府 Multicultural NSW “Stronger Together” Festival and Event Program 项目资助的“悉尼中老年多元文化风采展”（Sydney Multicultural Midlife & Seniors Cultural Showcase）在悉尼成功举办。
活动同时获得各界人士、社区团体、文化机构、企业代表及志愿者的大力支持，共同成就了这场属于多元文化社区的温暖盛会。
当天下午，会场座无虚席，近300位嘉宾与观众齐聚一堂。
来自土耳其、南美、中国以及澳大利亚本地等不同文化背景的人们，因为同一个主题而相聚——风华人物，多元绽放。

It is often said that the most beautiful scenery in life lies not in the destination, but in the encounters along the way.
On June 6, 2026, the "Sydney Multicultural Midlife & Seniors Cultural Showcase" was successfully held in Sydney. The event was organized by the LEADING LIGHT Multicultural & Charitable Association and funded by the "Stronger Together" Festival and Event Program of Multicultural NSW (a New South Wales government agency).
The event received tremendous support from individuals across various sectors, community groups, cultural institutions, corporate representatives, and volunteers, all coming together to create a heartwarming celebration for the multicultural community.
The venue was packed that afternoon, with nearly 300 guests and audience members in attendance.
People from diverse cultural backgrounds—including Turkey, South America, China, and Australia—gathered for a shared theme: celebrating the vibrant spirit of midlife and senior individuals and the flourishing of multicultural diversity.



▲ 在庄重而温暖的澳洲原住民土地致敬仪式中启幕。这份致敬，连接着土地的记忆与时代的传承，也诠释着澳大利亚多元文化社会的精神内核——尊重、包容与共同归属。

▲ The event opened with a solemn yet heartwarming ceremony paying tribute to the land of Australia’s Indigenous peoples.
This tribute bridges the land’s memories with the legacy of the times, while embodying the core spirit of Australia’s multicultural society: respect, inclusivity, and a shared sense of belonging.

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▲《茉莉花》这首享誉世界的中国民歌，以其纯净与优雅，传递着人类共通的真善与美好。跨越语言的界限，超越文化的差异，它让人们感受到：不同文明可以各美其美，也能美美与共。

▲ "Jasmine Flower," a world-renowned Chinese folk song, conveys—through its purity and elegance—the universal human values of truth, goodness, and beauty. Transcending linguistic boundaries and cultural differences, it allows people to perceive that distinct civilizations can not only cherish their own unique beauty but also appreciate the beauty shared among them all.



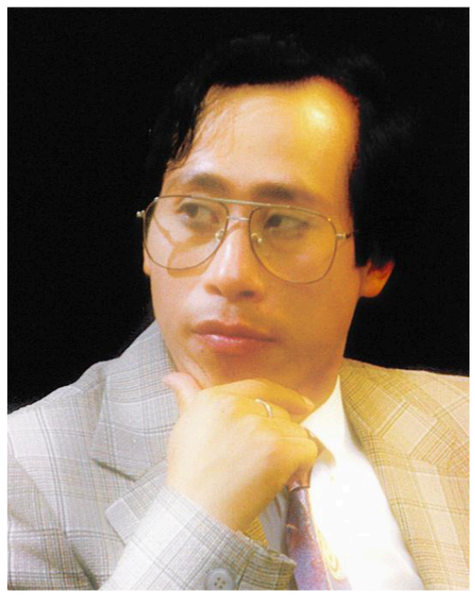
▲ 在总导演郑丽莉女士的带领下，全体嘉宾、演员与现场观众共同起舞。
政界代表、社区领袖、艺术家与普通观众融入同一段旋律之中，不同文化在欢快的舞步间交相辉映，共同绘就了一幅多元共融、其乐融融的美好画卷。



▲ Led by Chief Director Ms. Zheng Lili, all guests, performers, and audience members joined together in dance.
Political representatives, community leaders, artists, and members of the general public united in the same melody; diverse cultures harmoniously intertwined amidst the joyful steps, painting a beautiful picture of inclusivity and shared happiness.

悉尼中老年多元文化节

MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE



▲ 悉尼中老年多元文化节 组委会主席：施明星

悉尼中老年多元文化节组委会主席施明星在致欢迎辞中表示，澳大利亚多元文化最珍贵的意义，在于让不同背景的人彼此理解、彼此欣赏，共同建设更加温暖和包容的社区。

海纳百川成大树　多元文化澳洲梦

Shi Mingxing, Chair of the Organizing Committee for the Sydney Multicultural Festival for Middle-aged and Older Adults, stated in his welcome address that the most precious aspect of Australia's multiculturalism lies in enabling people from diverse backgrounds to understand and appreciate one another, and to work together to build a warmer, more inclusive community.

Embracing all streams allows a tree to grow mighty. The Multicultural Australian Dream



▲ 新州多元文化部项目与津贴部副总监 : Jorge Ferrerosa-Rojas

新州多元文化部项目与资助部副总监 Jorge Ferrerosa-Rojas 表示，新州多元文化部支持促进不同文化之间理解与联系的社区活动，并期待支持更多能够加强新南威尔士州多元文化发展的倡议。

Jorge Ferrerosa-Rojas, Associate Director, Grants and Projects, Multicultural NSW, said that Multicultural NSW support community events that promote understanding and connection across cultures and looks forward to supporting more initiatives that strengthen multiculturalism in New South Wales.

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▲ 澳大利亚联邦国会议员：Julian Leeser MP

澳大利亚联邦国会议员、影子教育部长兼影子原住民事务部长 Julian Leeser MP 表示，华人社区伴随了他的成长，希望大家一起努力让澳大利亚的多元文化绽放。

Julian Leeser MP, a Member of the Australian Federal Parliament and Shadow Minister of Indigenous Australians, stated that the Chinese community has been a part of his life since childhood and expressed his hope that everyone would work together to help Australia's multiculturalism flourish.



▲ 中华人民共和国驻悉尼总领馆文化参赞：乐利文

中华人民共和国驻悉尼总领馆文化参赞乐利文结合本次活动的两个主题词“多元文化”和“中老年风采”发表致辞，他表示，多元文化是社会发展进步的力量，它不是简单的并存，而是相互欣赏、相互学习、共同绽放。中老年朋友承载着丰富的人生经验与文化记忆，值得分享传承。希望通过文化交流与多元互鉴，让不同文化之间增进理解，让传统智慧在新时代继续焕发光彩。

Yue Liwen, Cultural Counsellor of the Consulate General of the People's Republic of China in Sydney, delivered a speech centering on the event's two key themes: "multiculturalism" and "the vibrant spirit of the middle-aged and elderly." He noted that multiculturalism is a driving force for social progress and development; it entails far more than mere coexistence—it is about mutual appreciation, mutual learning, and flourishing together. He highlighted that middle-aged and older individuals possess a wealth of life experience and cultural memory that deserves to be shared and passed on. He expressed hope that through cultural exchange and mutual learning among diverse cultures, understanding would be deepened and traditional wisdom would continue to shine brightly in the new era.

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▲ 新州议员：Mark Hodges

澳大利亚新州议员Mark Hodges表示，多元文化是澳大利亚的重要财富。乐见包括华人在内的越来越多人贡献于多元文化社区， 让悉尼变成更好的家园。

NSW MP Mark Hodges noted that multiculturalism is one of Australia’s greatest strengths. He welcomed the growing contributions of Chinese Australians and other multicultural communities, whose efforts continue to enrich community life and help make Sydney a better place to call home.



▲ Hornsby Shire Council
市议员：Monika Ball

Hornsby Shire Council议员 Monika Ball 表示，自己的父母也是具备多元文化背景的，她从小用另一种语言唱歌， 她希望今天在座的每个人都享受多元文化的美好。

Councillor Monika Ball of Hornsby Shire Council reflected on her own multicultural heritage, sharing that she grew up singing in a language other than English. She encouraged everyone to celebrate the beauty of cultural diversity and to enjoy the rich experiences that multiculturalism brings to Australian society.

悉尼中老年多元文化节

MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE



▲ 悉尼中老年多元文化节 组委会联盟主席：杨志唯

悉尼中老年多元文化节组委会联盟主席杨志唯回顾了中澳交往历程，并表示澳大利亚的魅力，源于多元文化的交融与共生。来自不同国家和文化背景的人们携手建设社区，共同创造美好未来。中老年一代为家庭、社会和文化传承作出了重要贡献。愿我们继续以智慧、热情与担当，为年轻一代树立榜样，让多元文化之花绽放得更加绚丽。

Yang Zhiwei, Chair of the Organizing Committee Alliance for the Sydney Multicultural Festival for Middle-aged and Older Adults, reflected on the history of exchanges between China and Australia, noting that Australia’s charm stems from the blending and coexistence of diverse cultures. People from various nations and cultural backgrounds work hand in hand to build communities and create a better future together. The older generation has made significant contributions to their families, society, and the preservation of culture. May we continue to set an example for the younger generation through our wisdom, passion, and sense of responsibility, allowing the blossoms of multiculturalism to flourish even more brilliantly.



▲ LEADING LIGHT多元文慈会会长：令见

悉尼中老年多元文化节组委会执行主席、活动主办方令见致答谢辞中表示，LEADING LIGHT多元文慈会会长令见表示：“这片土地上最珍贵的从来不是身份与标签，而是每一个人用才华、坚持与人生故事，共同谱写出的文化乐章。希望通过‘风华人物微访谈’与文艺展演，让更多人看见中老年群体的智慧、情怀与生命光彩。”

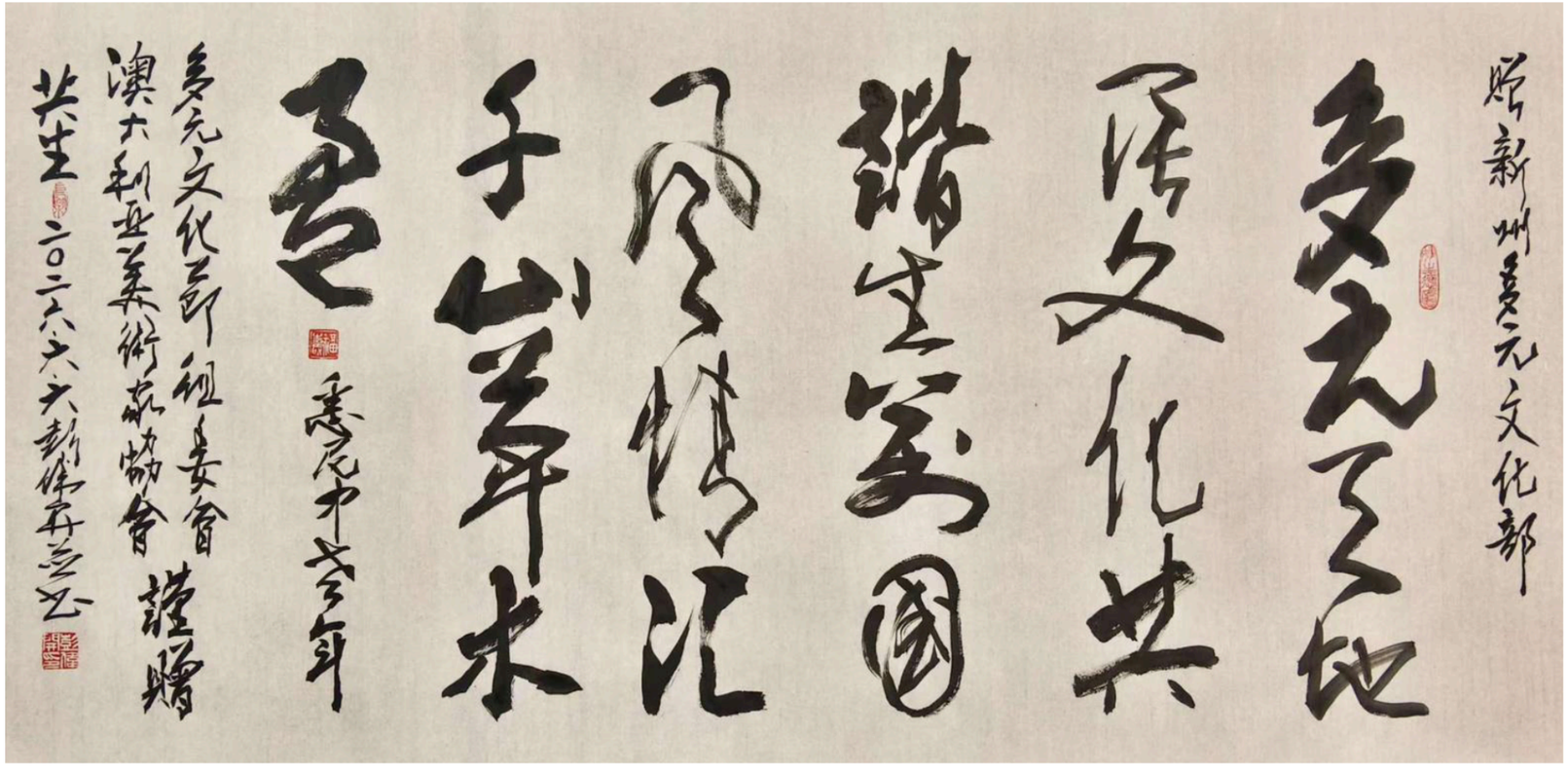
Ling Jian, Executive Chair of the Organizing Committee for the Sydney Multicultural Festival for Middle-aged and Older Adults and the event’s organizer—as well as President of the Leading Light Multicultural Association—delivered a speech of appreciation. He stated: "The most precious things on this land have never been identities or labels, but rather the cultural symphony collectively composed by every individual through their talents, perseverance, and life stories. We hope that through the ‘Profiles of Distinction’ mini-interviews and the arts and cultural performances, more people will witness the wisdom, passion, and vibrant spirit of the middle-aged and older community."

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE



▲ 施明星、令见、杨志唯、李治峰、文化参赞乐利文、郑志武、陈银新、崔尚泽、林我宏、张亚鸣、邱汉成、肖蔚、李国兴、Robert Lo、Martin Pan、郑建华、邓爽、王德胜、黄少雄、夏家骏、Julian Leeser MP、Ömer R. Incekara OAM、Monika Ball、王斌、林丽华等主嘉宾上台见证向澳大利亚新州多元文化部项目与津贴部副总监 Jorge Ferrerosa-Rojas 赠中国书画作品。
为感谢新州多元文化事务部长期以来对社区文化与多元共融的支持，组委会特别准备了中国书画作品，以“和合共生”为主题，表达不同文化彼此尊重、共融同行的美好祝愿。

To express appreciation for the long-standing support provided by the New South Wales Department of Multicultural Affairs toward community culture and inclusive diversity, the organizing committee has specially prepared a work of Chinese calligraphy and painting themed "Harmony and Coexistence,"
conveying
best wishes for mutual respect and harmonious integration among diverse cultures.



▲ 赠澳大利亚新州多元文化部

《共 生》

多元天地阔，文化共谐生。
万国风情汇，千山草木盈。

悉尼中老年多元文化节组委会
澳大利亚美术家协会 谨赠
2026年6月6日

▲ Presented to the Multicultural NSW

《Symbiosis》

A vast realm of diversity, where cultures thrive in harmony.
Customs from myriad nations converge; the landscape teems with life.
Presented by:
Organizing Committee of the Sydney Multicultural Festival for Middle-aged and Older Adults
Australian Artists Association
June 6, 2026



▲ 赠澳大利亚新州多元文化部
Presented to the Multicultural NSW

《梅竹图》
Plum Blossoms and Bamboo
45 x 68cm

陈秀英 谨赠
2026年6月6日



▲ 开幕舞蹈《千手观音》。千手起落之间，是东方文化中的慈悲与护佑，也像一代代移民带来的善意、坚韧与温柔







▲《The opening dance, "Bodhisattva of a Thousand Hands." The rising and falling of those myriad hands embody the compassion and protection found in Eastern culture, while also reflecting the goodwill, resilience, and gentleness brought by generations of immigrants.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE



▲ 由澳大利亚-中国武术（功夫）文化协会呈现的武术表演。



▲ Martial arts showcase, performed by the Australia–China WUSHU (Kung Fu) Culture Association.

澳中武术（功夫）文化协会
AUSTRALIAN-CHINESE WUSHU
(KUNGFU) CULTURE ASSOCIATION INC



▲《蒙古舞《草原上的太阳》。表演：小红帽协会艺术团。



▲ The Sun Rises Above the Grassland. Performed by the Little Red Hat Arts Group.



悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第一章　我是谁

Chapter One:　WHO AM I

微访谈：力量 | 精神 | 归属 -澳中武术（功夫）文化协会

三十余载习武生涯，王云阔师傅以擒拿拳、螳螂拳与太极拳诠释了移民精神中的勇气、坚韧与包容。在他看来，武术不仅是一种技艺，更是一种面对人生与挑战的态度。来自不同文化背景的弟子们也分享了自己的感悟：武术帮助人们跨越语言与文化的界限，让不同族裔的人们相聚相知；真正的成长，不是战胜别人，而是不断超越自己。拳有来处，人亦有来处，而武术所传递的，正是连接文化、磨炼心志与成就自我的力量。
力可惊人终有尽　心能度世自无边

Drawing on more than 30 years of martial arts practice, Master Wang Yunkuo described courage, perseverance, and openness as the qualities immigrants need most. Through Qin Na, Mantis Boxing, and Tai Chi, he demonstrated how martial arts reflects not only physical discipline but also strength of character. Students from different cultural backgrounds shared how martial arts helps bridge language and cultural barriers, bringing people together through mutual respect. Their reflections highlighted a simple yet powerful lesson: true success is not about defeating others, but about continually becoming a better version of yourself.



▲ 现场，令见微谈 · 澳中武术（功夫）文化协会会长王云阔师傅　▲ On-site with Master Wang Yunkuo, President of the Australia-China Martial Arts (Kung Fu) Cultural Association.










澳中武术（功夫）文化协会
AUSTRALIAN-CHINESE WUSHU (KUNGFU) CULTURE ASSOCIATION INC



悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第一章　我是谁

Chapter One:　WHO AM I

微访谈 | 跨越文化的理解与传承：新州多元文化咨询委员会委员 Ömer R. Incekara

MINI INTERVIEWS | Understanding Across Cultures Mr Ömer R. Incekara from the NSW Multicultural Advisory Board

Ömer R. Incekara OAM表示，故事是连接不同文化最温暖的桥梁。通过分享真实的人生经历，人们得以增进理解、建立尊重，并为社区留下珍贵的文化记忆。他特别赞叹现场中老年朋友展现出的热情与活力，并认为年轻人与长者应彼此学习、相互启发，共同传承经验与价值，建设更加包容和充满活力的多元文化社区。

Ömer R. Incekara OAM noted that stories are powerful bridges between cultures. By sharing life experiences, people build understanding, respect, and lasting cultural connections.
He was particularly impressed by the energy and enthusiasm of the midlife and senior participants, and encouraged younger and older generations to learn from one another, sharing wisdom, experience, and fresh perspectives to strengthen multicultural communities.



▲ 现场，令见微谈 · 新州多元文化咨询委员会委员 Ömer R. Incekara
On site, Ling Jianwei speaks with Ömer R. Incekara, a member of the New South Wales Multicultural Consultative Committee.



▲ 右起：施明星、令见、Jorge Ferrerosa-Rojas、Ömer R. Incekara、Robert Lo、Martin Pan、陈银新

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第一章　我是谁

Chapter One:　WHO AM I

微访谈｜记录时代的人　天地人五行｜策划大师｜施明星

Mini-Interview | Chronicler of the Times—Heaven, Earth, Humanity, and the Five Elements | Strategic Master | Shi Mingxing

资深媒体人与文化活动策划人施明星先生分享了自己参与总策划《同一个世界 同一个梦想》（海外珍藏史册）编制及大型文化演出的经历。
他表示，真正有价值的文化项目，不仅记录事件本身，更记录一个时代的精神与记忆。从奥运盛会到跨国文化交流，每一次文化活动背后，都凝聚着无数人的努力与坚持，也承载着一代人的情感与梦想。

一册风云留旧梦　半生光影暖人心

Mr. Shi Mingxing, a veteran media professional and cultural event planner, shared his experiences as the chief planner for the compilation of 《 One World, One Dream 》(a historical record preserved overseas) and the associated large-scale cultural performances. He noted that truly valuable cultural projects do more than just document events; they capture the spirit and memories of an era. From the Olympic Games to cross-border cultural exchanges, every cultural event embodies the efforts and perseverance of countless individuals, while also carrying the emotions and dreams of a generation.

A volume of stirring tales preserves the dreams of old;
A lifetime of light and shadow warms the heart.


主编: 令见


组委会主席： 施明星


华贸会监事长： 林我宏


组委会联盟主席： 杨志唯





▲ 现场，令见微谈 · 资深媒体人与文化活动策划人施明星、澳洲中华经贸文化交流促进会(ACETCA华贸会)监事长林我宏、澳大利亚国际文化产业协会主席杨志唯
At the event—"Ling Jian Wei Tan": Shi Mingxing (veteran media professional and cultural event planner), Lin Wohong (Executive Chairman of the Australia-China Economic, Trade & Cultural Association / ACETCA), and Yang Zhiwei (President of the Australian International Cultural Industry Association).

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第一章　我是谁

Chapter One:　WHO AM I

微访谈 | 新鲜背后的责任与温度 · 生鲜供应链顶流企业家Robert Lo

MINI INTERVIEWS | Freshness, Responsibility, and Care · Robert Lo, Director of Pro Bros Providore

Pro Bros Providore董事 Robert Lo 分享了自己对于生鲜行业的理解。
在他看来，生鲜供应不仅是一门生意，更是一份责任。每天从清晨开始的忙碌，只为把最新鲜的食材送到千家万户的餐桌上。
他表示，这份工作的意义不仅在于供应食品，更在于服务社区、改善生活。看见人们享受健康、新鲜的食物，便是坚持前行的动力。

晨星未落已奔忙　万家灯火暖心头

Robert Lo, Director of Pro Bros Providore, shared his perspective on the fresh produce industry.
For him, supplying fresh food is more than a business—it is a responsibility. Every early morning begins with a commitment to delivering quality produce to families across the community.
He believes the true meaning of this work lies not only in providing food, but in helping people live healthier and better lives through care, service, and dedication.

Serving freshness, sharing warmth.



▲ 现场，Lin-Ling Xie、令见微谈 · 新鲜背后的责任与温度 · 生鲜供应链顶流企业家Robert Lo
On site: Lin-Ling Xie and Ling Jianwei discuss "The Responsibility and Human Touch Behind Freshness" with Robert Lo, a leading entrepreneur in the fresh food supply chain.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第二章　悲欢路

Chapter TWO:　The JOURNEY

本章讲述的是“奋斗”。有人白手起家，有人在异国坚持理想；而那些真正走过风雨的人，往往把沉浮写得云淡风轻。

To those who’ve built everything from nothing, who’ve held onto their dreams despite unfamiliarity, who’ve weathered life’s storms and speak of them with quiet grace, this is for you.





▲ 文艺演出　Cultural performance

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第二章 悲欢路

Chapter TWO: The JOURNEY

微访谈 | 舞动人生 温暖人间 ·郑丽莉 | 公益舞蹈艺术家

Mini-Interview | Dancing Through Life, Warming the World — Zheng Lili | Public-Service Dance Artist

澳洲著名公益舞蹈艺术家郑丽莉分享了舞蹈带给她的人生感悟。
她表示，舞蹈不仅让人发现美、表达美，更教会人用热爱面对生活，用行动传递快乐。多年来，她坚持带领团队参与公益演出，希望通过艺术为更多人带去温暖、陪伴与力量。在她看来，真正动人的舞台，不只在聚光灯下，更在于能够用艺术连接人心，让美好走进生活。

一身风雅生光彩 半世歌舞暖人心

Renowned community dance artist Zheng Lili reflected on the role dance has played in her life.
She believes dance is not only a form of artistic expression, but also a way of sharing joy, warmth, and hope. Through years of community and charity performances, she has used art to connect people and bring comfort to others.
For her, the true beauty of art lies not only on stage, but in its ability to touch lives and brighten communities.

An air of elegance and grace radiates brilliance; a lifetime of song and dance warms the heart.



▲ 现场，令见微谈 · 澳洲著名公益舞蹈艺术家郑丽莉
On site: A conversation with renowned Australian dance artist and philanthropist Zheng Lili.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第二章 悲欢路

Chapter TWO: The JOURNEY

微访谈 |书香为桥，连接社区

王斌｜Georges River Council市议员、社区阅读推广者

MINI INTERVIEWS |Books, Community, and Belonging

·Ben Wang｜Georges River Council Councillor & Community Reading Advocate

王斌先生分享了自己对于归属感、社区连接与阅读力量的思考。
在他看来，真正的归属感始于人与人的连接。来自不同文化背景的人们，通过参与社区、交流文化、建立友谊，逐渐找到共同的家园与认同。
作为 Georges River 读书会发起人，他希望通过阅读与对话，为社区创造更多相遇与交流的机会。因为故事虽然来自不同文化，却常常传递着相同的人性光辉与情感共鸣。

扎根社区连四海　书香为桥聚众心

Mr. Ben Wang shared his reflections on a sense of belonging, community connection, and the power of reading.
In his view, a true sense of belonging begins with human connection. People from diverse cultural backgrounds gradually discover a shared home and a common identity by engaging with the community, exchanging cultures, and forging friendships.
As the founder of the Georges River Book Club, he hopes to create more opportunities for community members to meet and interact through reading and dialogue—for while stories may originate from different cultures, they often convey the same radiant humanity and evoke shared emotional resonance.

Rooted in the community, connecting the world; a bridge of books uniting hearts.



▲ 现场，微谈 · 王斌 Georges River Council市议员　On-site: A conversation with Georges River Council Councillor Mr Ben Wang.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第二章 悲欢路

Chapter TWO: The JOURNEY

微访谈 |架起理解与友谊之桥

陈银新｜澳大利亚江苏工商联合总会会长、社区服务倡导者

MINI INTERVIEWS|Building Bridges of Friendship and Understanding

· Chen Yinxin | President, Jiangsu Business Association of Australia & Community Advocate

陈银新先生分享了自己长期服务新移民社区的初心。
在他看来，对于初到澳大利亚的人而言，一句鼓励、一份帮助，往往能够减轻陌生与不安，让异乡逐渐成为家园。多年来，他持续推动社区互助与资源共享，希望帮助更多新移民顺利融入社会。
谈及参与南京青奥会澳洲代表团交流活动的经历，他表示，活动或许会结束，但由此建立的友谊、信任与理解却能够长久延续。正是这些跨越文化与国界的连接，让不同国家的人们彼此靠近，共同成长。

暖手扶人千里路 同心架起万重桥

Mr. Chen Yin-xin shared the original motivation behind his long-standing service to the new immigrant community.
In his view, for those newly arrived in Australia, a word of encouragement or a helping hand can often alleviate feelings of unfamiliarity and unease, helping to transform a foreign land into a true home. For years, he has actively promoted community mutual aid and resource sharing, aiming to help more new immigrants successfully integrate into society.
Reflecting on his participation in exchange activities with the Australian delegation to the Nanjing Youth Olympic Games, he noted that while the events themselves might conclude, the friendships, trust, and understanding forged through them endure. It is precisely these connections—bridging cultures and national boundaries—that bring people from different nations closer together and foster mutual growth.

A helping hand warms the journey of a thousand miles; hearts united build bridges across countless obstacles.





▲ 现场，令见微谈 · 陈银新澳大利亚江苏工商联合总会会长、社区服务倡导者
On-site Spotlight: Chen Yinxin — President of the Australia Jiangsu General Chamber of Commerce and Industry and advocate for community services.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第三章　留给你

Chapter THREE： Left for you

讲述的是“价值”。人这一生，真正能够留下来的，或许不是拥有过什么，而是曾温暖过谁、影响过谁。
It is a story about "value." In the course of a lifetime, what truly endures may not be what one once possessed, but rather whom one warmed and whom one influenced.







▲ 文艺演出 Cultural performance

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第三章 留给你

Chapter TWO: The JOURNEY

微访谈 |文化为桥 连接未来

· 郑志武 | 澳中文化与经济促进会主席、自媒体文化传播者

Mini-Interview | Culture as a Bridge: Connecting to the Future

· Zheng Zhiwu | President of the Australia-China Cultural and Economic Promotion Association; Cultural Communicator and Content Creator

郑志武先生分享了自己推动文化交流与社区发展的感悟。
在他看来，最值得骄傲的并非某一次活动，而是通过文化与经济交流，让不同背景的人们彼此理解、相互欣赏，共同参与多元文化社区建设。
活动当天，中老年朋友们展现出的热情、活力与积极向上的精神面貌，也让他深受感动。他认为，年龄从来不是梦想的边界，对生活的热爱与对社会的贡献，值得被更多人看见与传递。
谈及自媒体梦想，他表示，希望通过记录真实的人物与故事，传递正向价值，让更多温暖与力量被看见，也让不同文化之间建立更深的理解与连接。
文化为骨商为衣 社媒成灯照万家

Mr. Zheng Zhiwu shared his reflections on fostering cultural exchange and community development.
For him, the greatest source of pride is not any single event, but rather the way cultural and economic exchanges enable people from diverse backgrounds to understand and appreciate one another, while jointly building a multicultural community.
He was deeply moved by the enthusiasm, vitality, and positive spirit displayed by the older participants during the event. He believes that age is never a barrier to pursuing one’s dreams, and that a passion for life and contributions to society deserve to be seen and shared by a wider audience.
Speaking of his aspirations in new media, he expressed a hope to convey positive values by documenting real people and stories—thereby making warmth and strength visible and fostering deeper understanding and connection across cultures.
Culture forms the backbone, commerce the attire; social media serves as a beacon, illuminating countless households.



▲ 现场，令见微谈 · 澳中文化与经济促进会主席郑志武
On-site at "Ling Jian Wei Tan" — Zheng Zhiwu, Chairman of the Australia-China Cultural and Economic Promotion Association.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第三章 留给你

Chapter TWO: The JOURNEY

微访谈 | 向着更高的远方

· Jenny Ye | 珠穆朗玛峰登顶者、K2挑战者

Mini-Interview | Towards Greater Heights

· Jenny Ye | Mount Everest Summiter, K2 Challenger

成功登顶世界最高峰珠穆朗玛峰后，Jenny Ye并没有停下脚步，而是将目光投向被誉为“世界最难攀登高峰”之一的K2。
她分享了攀登过程中的挑战与坚持。在她看来，每一次登顶都不仅是对体能的考验，更是对意志与信念的磨炼。当别人选择停下时，再向前迈出一步，往往就是突破自我的开始。
对于即将开启的新征程，她表示，正是对未知世界的好奇与探索，让人不断发现更广阔的人生可能。

巾帼敢向云巅立　万里风霜入笑颜

After successfully summiting Mount Everest—the world's highest peak—Jenny Ye did not stop there; instead, she set her sights on K2, a mountain renowned as one of the most challenging climbs in the world.
She shared stories of the challenges faced and the perseverance required during her climbs. In her view, every summit attempt is not merely a test of physical endurance but a process that tempers one's willpower and conviction. Often, taking that one extra step when others choose to stop marks the beginning of a personal breakthrough.
Looking ahead to her next journey, she notes that it is precisely this curiosity about the unknown and the drive to explore that allow people to continually discover broader possibilities in life.

Heroic women dare to stand atop the clouds,
Facing the winds and frosts of a thousand leagues with a smiling face.



▲ 现场，令见微谈 · Jenny Ye | 珠穆朗玛峰登顶者、K2挑战者
On-Site with Ling Jianwei · Jenny Ye | Mount Everest Summiter & K2 Challenger

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第四章　还有梦

Chapter FOUR : There are still dreams.

讲述的是“未来”。很多人以为，人生到了某个阶段，梦想便会慢慢熄灭；但真正热爱生活的人，永远会继续向前。
It is a story about the "future." Many people believe that once life reaches a certain stage, dreams gradually fade away; yet those who truly love life will always keep moving forward.







▲ 文艺演出 Cultural performance
多元文化中年与老年文化展示会旨在颂扬 50 至 75 岁年龄段人群的创造力、故事与文化多样性。
节目中包含了各种表演形式，如歌唱、舞蹈、武术、书法、诗歌以及来自不同社群的传统文化实践。
该活动旨在促进包容、保护文化遗产并增强跨多文化世代之间的联系、尊重与福祉。
Multicultural Midlife & Seniors Cultural Showcase celebrates the creativity, stories, and cultural diversity of people aged 50–75.
It features performances such as singing, dancing, martial arts, calligraphy, poetry, and traditional cultural practices from different communities.
The event promotes inclusion, preserves cultural heritage, and strengthens connection, respect, and wellbeing across multicultural generations.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第四章　还有梦

Chapter FOUR : There are still dreams.

微访谈 | 把梦想刻进时光

· 肖蔚 | 澳大利亚和谐大理石有限公司董事长、创业者

Mini-Interview | Etching Dreams into Time

· Xiao Wei | Chairperson and Entrepreneur, Australia Harmony Marble Pty Ltd

从创业至今，肖蔚女士始终相信，梦想并不会因为年龄而停下脚步。
在她看来，经营企业不仅是在创造产品，更是在创造人们对于美好生活的向往。多年的坚持让她明白，石材需要雕琢才能绽放光彩，而人生也同样如此。每一次挑战、每一次坚持，都是梦想留下的印记。
谈及未来，她希望将更多艺术、美学与生活融为一体，让人们拥有的不仅是一处住所，更是一个承载温暖与幸福的家。
对于她而言，追梦从来不是抵达终点，而是在岁月流转中，依然愿意相信美、创造美，并把这份美好传递给更多人。

玉石无言藏大美　初心有意暖千家

Since embarking on her entrepreneurial journey, Ms. Xiao Wei has steadfastly believed that dreams need not be halted by the passage of time.
To her, running a business is about more than just creating products; it is about fostering an aspiration for a beautiful life. Years of perseverance have taught her that just as stone requires carving to reveal its true brilliance, so too does life. Every challenge faced and every moment of persistence serves as a mark left by her dreams.
Looking to the future, she hopes to seamlessly blend art and aesthetics with everyday living, ensuring that people possess not merely a residence, but a true home—a sanctuary filled with warmth and happiness.
For her, pursuing a dream is never about reaching a final destination; rather, it is about the enduring willingness—as the years go by—to believe in beauty, create it, and share that beauty with others.

Silent jade holds profound beauty; a steadfast heart brings warmth to countless homes.



▲ 现场，令见微谈 · 肖蔚｜澳大利亚和谐大理石有限公司董事长、创业者
On-site at "Ling Jian Wei Tan" — Xiao Wei | Chairman and Entrepreneur, Australia Harmony Marble Co., Ltd.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

第四章　还有梦

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讲述的是“未来”。很多人以为，人生到了某个阶段，梦想便会慢慢熄灭；但真正热爱生活的人，永远会继续向前。
It is a story about the "future." Many people believe that once life reaches a certain stage, dreams gradually fade away; yet those who truly love life will always keep moving forward.





▲ 文艺演出，多元文化中年与老年文化展示会旨在颂扬 50 至 75 岁年龄段人群的创造力、故事与文化多样性。
The multicultural arts and cultural showcase for middle-aged and older adults aims to celebrate the creativity, stories, and cultural diversity of people aged 50 to 75.

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

活动花絮 Event Highlights



▲ 三位主持人：令见、刘晓明、Lin-Ling Xie
The three hosts: Ling Jian, Liu Xiaoming, and Lin-Ling Xie



▲ 嘉宾左起：武术总监王云阔、中国驻悉尼总领馆文化参赞乐利文、组委会联盟主席杨志唯、澳大利亚贵州总商会会长郑建华、组委会主席施明星



▲ 嘉宾左起：澳洲中国东北同乡总会会长崔尚泽、澳洲中华经贸文化交流促进会（华贸会）执行主席林我宏、中华人民共和国驻悉尼总领馆领事周军、澳洲中国和平统一促进会会长李国兴、澳大利亚楚商联合会会长李治峰、中华人民共和国驻悉尼总领馆文化参赞乐利文、澳大利亚国际文化产业协会主席（组委会联盟主席）杨志唯



▲ 嘉宾左起：澳中文化与经济促进会主席郑志武、副主席刘文香、澳大利亚新州Auburn市永远荣誉市长林丽华、新州乔治河市议员王斌、澳大利亚和谐大理石有限公司董事长肖蔚、澳大利亚多元文化交流中心Sam Liu



▲ 嘉宾左起：澳大利亚贵州总商会会长郑建华、悉尼申曲社社长夏家骏、澳洲惠州联合商会会长黄少雄



活动花絮　Event Highlights



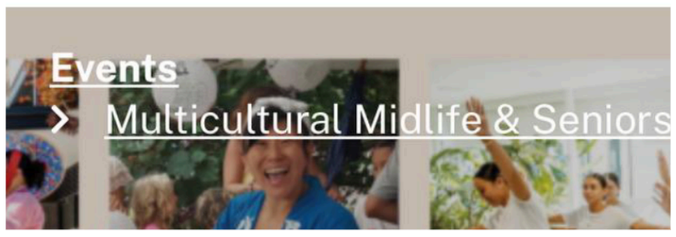


▲ 2026年6月6日星期六，由LEADING LIGHT多元文慈会主办，并获得新南威尔士州Multicultural NSW“Stronger Together”项目支持的“悉尼中老年多元文化风采展”（Sydney Multicultural Midlife & Seniors Cultural Showcase）在悉尼成功举办。

Menu

NSW GOVERNMENT

Multicultural NSW



01:30pm - 05:00pm

06 JUN

Multicultural Midlife & Seniors Cultural Showcase

LEADING LIGHT 多元文慈会
LEADING LIGHT MULTICULTURAL ASSOCIATION INC

NSW GOVERNMENT Multicultural NSW

悉尼中老年多元文化节

MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

华人头条
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新州Multicultural NSW “Stronger Together”项目支持悉尼中老年多元文化節圓滿落幕

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新州Multicultural NSW “Stronger Together”項目支持
悉尼中老年多元文化節圓滿落幕

【本報悉尼訊】由EADING LIGHT多元文慈會主辦，並獲得新南威爾士州政府 Multicultural NSW「Stronger Together」項目支持的「悉尼中老年多元文化風采展」(Sydney Multicultural Midlife & Seniors Cultural Showcase)日前在悉尼 Pennant Hills Community Centre 舉行。



悉尼中老年多元文化節獲新州政府 Multicultural NSW “Stronger Together” 項目支持。



活動上表演。

活動表演之一“千手觀音”。



主辦方負責人與主要嘉賓。

悉尼中老年多元文化节圆满落幕

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▲ Ferrerosa-Rojas致辞



▲ 文化参赞乐利文致辞

悉尼中老年多元文化节圆满落幕



▲ 施明星、令见、杨志唯、李治峰、文化参赞乐利文、郑志武、陈银新、崔尚泽、林我宏、张亚鸥、邱汉成、肖蔚、李国兴、Robert Lo、Martin Pan、郑建华、邓爽、王德胜、黄少雄、夏家骏、Julian Leeser MP、Ömer R. Incekara OAM、Monika Ball、王斌、林丽华等主嘉宾上台见证向澳大利亚新州多元文化部项目与津贴部副总监 Jorge Ferrerosa-Rojas 赠中国书画作品。

【澳中网悉尼讯】2026年6月6日星期六，由LEADING LIGHT多元文慈会主办，并获得新南威尔士州Multicultural NSW “Stronger Together ” 项目支持的 “ 悉尼中老年多元文化风采展 ” （ Sydney Multicultural Midlife & Seniors Cultural Showcase ）在悉尼成功举办。

出席本次活动的主要嘉宾有：新州多元文化部项目与津贴部副总监 Jorge Ferrerosa-Rojas，澳大利亚联邦国会议员、影子教育部长兼影子原住民事务部长 Julian Leeser MP ，中国驻悉尼总领馆文化参赞乐利文、领事周军，新州多元文化咨询委员会委员 Ömer R. Incekara OAM、Julie Lim，Hornsby Shire Council议员 Monika Ball，Georges River Council市议员王斌，Auburn市前女市长林丽华，以及侨界代表、企业界代表、媒体代表等。

活动在庄重的澳洲原住民土地致敬仪式与中国经典民歌《茉莉花》的旋律中拉开帷幕。

首先由组委会主席施明星致欢迎辞中表示，多元文化最珍贵的意义，在于让不同背景的人彼此理解、彼此欣赏，共同建设更加温暖和包容的社区。

新州多元文化部项目与津贴部副总监 Jorge Ferrerosa-Rojas 对活动通过文化交流促进社区融合给予肯定。

澳大利亚联邦国会议员 Julian Leeser MP 表示，社区活动为不同文化背景的人们创造了彼此认识和倾听的机会，是社会和谐的重要基础。

中国驻悉尼总领馆文化参赞乐利文表示，多元文化是社会发展进步的力量，它不是简单的并存，而是相互欣赏、相互学习、共同绽放。中老年朋友承载着丰富的人生经验与文化记忆，值得分享传承。希望通过文化交流与多元互鉴，让不同文化之间增进理解，让传统智慧在新时代继续焕发光彩。

Hornsby Shire Council议员 Monika Ball 表示，多元文化是澳大利亚的重要财富。

组委会联盟主席杨志唯则表示，正是来自世界各地的人们共同努力，才让澳大利亚展现出独特的魅力与活力。

主办方、令见致答谢辞中表示，希望通过“风华人物微访谈”与文艺展演，让更多人看见中老年群体的智慧、情怀与生命光彩。

本次活动以“四幕人生”为主线，串联起身份、奋斗、传承与梦想。

第一幕《我是谁》，讲述来时路。澳中武术功夫协会以武术展演展现中华文化的刚柔并济。

来自土耳其背景的新州多元文化咨询委员会委员 Ömer R. Incekara OAM，策划大师施明星以及 Pro Bros Providore 董事长 Robert Lo 等嘉宾，通过微访谈分享了关于文化认同、社区归属与人生经历的感悟，展现移民群体从漂泊到扎根的故事。

第二幕《悲欢路》，讲述奋斗与坚持。澳洲著名公益舞蹈艺术家、澳大利亚东方歌舞团团长郑丽莉，Georges River Council市议员王斌，澳大利亚江苏工商联合总会会长陈银新等嘉宾分享了他们在艺术、社区服务与帮助新移民融入社会过程中的经历，展现风雨之后依然向前的力量。

第三幕《留给你》，讲述传承与价值。成功登顶珠峰、即将挑战K2的 Jenny Ye，澳中文化与经济促进会主席邢志武，通过分享自己的梦想与人生经历，诠释影响他人、回馈社会的意义。

青春曾向山海去，
岁月终成万家灯。
多元共绽南国路，
再向人间舞长风。

当掌声渐渐落下，那些被岁月沉淀的人生故事，仍将在这片多元文化的土地上继续发光；而那些关于理解、尊重、包容与梦想的力量，也将随着时光，继续传向更远的地方。

第四幕《还有梦》，讲述未来与希望。澳大利亚和谐大理石有限公司董事长肖蔚分享了“让坚硬的石材化作温暖家园”的梦想，希望通过自己的专业与匠心，为千家万户创造更美好的生活空间。

本次活动不仅是一场文艺盛会，更是一场关于人生、文化与梦想的深度对话，展现了澳大利亚多元文化社会的包容、活力与温度。



▲ 悉尼中老年多元文化节 风采展，温暖绽放，共话多元文化，共筑社区未来。















令见华人天地



鸣谢澳洲新报等各大媒体和自媒体拍摄视频报道

悉尼中老年多元文化节
MULTICULTURAL MIDLIFE SENIORS CULTURAL SHOWCASE

感恩鸣谢 Acknowledgements

联合主办方:

Pro Bros Providore 有限公司、澳中上海世界联盟总会、Ashfield 商会、澳中社区文化共促会

协办方:

澳中周末报、澳大利亚国际文化产业协会、澳中文化与经济促进会、澳大利亚江苏工商联合总会、澳大利亚和谐大理石有限公司、AUSTRALIA MULTI-CULTURAL INTERCONNECTION CENTRE、澳大利亚多元文化交流中心全球长者艺术联盟、澳大利亚东方歌舞团、小红帽协会艺术团、澳中武术（功夫）文化协会

志愿者名单:

Volunteer List、总导演：郑丽莉　舞台总监：曾秀敏　音响： Ruya Li 、蒋维琛　指挥：宇晓娟　志工总调度：陈莉萍、卢荣仁

澳大利亚东方歌舞团 团长：郑丽莉

团员：宇晓娟、林欣欣、张宁、何静茵、鲍丽莉、郭珏、陈小瑚、闫丽霞、杨麗娜、廖淑雯、张丽红、钟小燕、郭若菊、畅淑平、郭金凤、林萍、李巧恩、扬志芬、林瑞珠、李愛明、黃小玲、李彩雁、黃雪愛、王秀娟、黃淑玲、林少芬、王敏仙、蔡麗紅、Cheng Choo KHOO、陆科军、裴友法、陈少衔、陈津生、闫光明、崔延亭、吴志竖、钟世光、朱伟星、韩柯夫、阎树花、帅丽、吴庭兰

小红帽协会艺术团 团长：陈莉萍

团员：王荣、原新珍、李飞跃、周晓珊、杨晓红、李景荣、姚杰、叶红、王莉英、吴小莉、梁颖兰、杜立惠、吕美蓉、房玉梅、张敏、马素桃、王家岚、张树芳.李政琴、丽娜、于秀梅、徐慧琴、刘春云、Sherry、胡锦凤、来云峰、唐际友、吕守祥、祝少莉、蔡毅娟、蔡华、 沈卫中、朱凤仙、蒋立琼、李丽、钟德爱、杨玉明、黄丽、刘洪岩、赵玉贞、陈淑娥、张国珠、沈培丽、易允、庞碧玉、陶来兴、康小卫、鲍新萍、黄敏、索菲亚、张文霞、刘海云、王东峰、刘晓明、孙伟宏、严喜元、崔延亭、马承康。

义工：李瑛、马远光、卢荣仁

澳中武术（功夫）文化协会 会长：王云阔

Australia-China Martial Arts (Kung Fu) Cultural Association INC — President: Wang Yunkuo

澳大利亚荆楚家人艺术团 团长：朱珠

义工：Karen 王文斌、朱珠　团员：刘列娜、杨英娥、谢娟荣、李传均、路艳平、林少虹、徐玉秋、杨世唯、徐正云、习佳丽、杨庆美、王华、余益民、温晓明、戎洪发、柴源、Jason Wan、薛林成、郝林、张勇、黄水晶、张蓝、高珍、澳华、张杰、唐西宁、余红英、吕婉霞、丁美珍、刘凤英、孙娟、鲁春明、金光琴、Jack、欧珠、张跃、东风、梧桐、秦露露、崔延亭、刘海云、吴晓阳、爽朗

澳大利亚楚韵艺术团 团长：朱敏

团员：马力达、张慧萍、吴碧莲、王丽明、肖一依、樊桂兰、　义工：朱敏、马力达、张慧萍、魏炳为

MCA 俏夕阳舞蹈团 团长：赵公扬

团员：江萍、陈恩莹、于小玲、王娅丽、芦静荣　义工： 曾秀娟、李霞、

MCA青青艺术团 团长：秦大学

义工：郑微妮　团员：朱喜、郭生、徐万海、孙莲萍、张凤兰、兰馨、秦晓莉、秋云、周继雄

澳洲康达慈善总会悉尼模特协会艺术团 团长：李萍

许秀菊、魏晓荣、于敏、唐秀芝、林秀荣、高兴艾、惠萍

